

# 8th Grade Parent Night

*Welcome to Mount Vernon High School*

*Class of 2019*

# The Team

- **Steve Brand**- Principal
- **Matt Thede**- Assistant Principal, Activities Director
- **Kathryn Baron**- School Counselor
- **Linda See**- School Nurse
- **Steph Timm**- Building Secretary
- **Vicky Wieseler**- Registrar

# Health: Expectations & Goals

- You want to reach your potential in all aspects of your life.
- If you don't feel well during the school day seek assistance at the nurse's office
- Eat breakfast!
- Sleep 8-9 hours every day
- Don't carry medications unless you have written permission
- My goal for you is to become independent and proactive with your health

# Parents- Help your child find success!

- Provide the school with up to date health information about your child
- If your child calls you from school not feeling well, please refer them to the nurse- this encourages independence.
- Encourage and set a good example with sleep, eating and attendance habits
- Immunize your children
- Don't be afraid to seek assistance

# High School Counselor's role

Topics I work with students on:

- Academic
- Personal/social/emotional
- College & careers

Check out my website: [www.mountvernon.k12.ia.us](http://www.mountvernon.k12.ia.us) > HS Counselor

# Confidentiality

In general, whatever is said in the counselor's office stays there except when the risk of harm is involved.

# High School Attendance

- Attendance and homework completion are the keys to success

- Attendance is tied to learning and school success

- Poor classroom attendance could mean a loss of credit

- Expect more homework in high school than middle school

# Reporting an Absence

- Absences must be verified by a parent or guardian within 48 hours of the absence. It is best to phone the school (895-8843) on the same day of the absence.
- If a student **KNOWS** they will be missing school, they must fill out a pre-approved absence form



# Absences and Missed Work

- The student will be responsible for making up missed work while absent from school.
- If a student is gone for an extended time, the student and teacher will create a timeline to complete missed work.

**Communication is the KEY to success!**

# High School Credits

- When a student successfully passes a course, they earn a credit
- 1 semester course= .5 credit
- 1 year course= 1 credit
  
- 25.5 credits for graduation from MVHS

# Graduation Requirements

**25.5 credits**

## **Graduation class requirements:**

- 4 years of English
- 3 years of Math
- 3 years of Science
- 3 years of Social Studies
- 4 semesters of PE (.5/year)

# Typical Day

- The high school has 7 periods
- School day: 8:30-3:06
- Students taking Early Bird classes take class from 7:15-8:00AM
- 2 lunch periods: A & B lunch

# GPA- Grade Point Average

- All grades get converted to number equivalent:
  - A= 4
  - B= 3
  - C= 2
  - D=1
  - F=0
- While GPA matters, so does **CHALLENGING** yourself & becoming a well-rounded person!

# 9th Grade Classes

- English 1 (Full year)
  - Earth Science (Full year)
  - US History (Full year)
  - Math (Full year)
  - Physical Education (One semester)
  - Electives
- REQUIRED**

(World Languages, Music, Art, Industrial Tech, Business courses)

# Band & Health

- Students in Band must also sign up for Early Bird band in the 1st semester because of Marching Band
- 9th graders in Early Bird PE take Health online
- If we have J-Term, all 9th graders would take Health in their J-Term

# Academic Success

- Regular communication between school, student and parents.
- Stay calm and discuss issues with your child
- Students should use their teacher as a first resource
- Parent can contact the teacher
- Student or parent can discuss with Ms. Baron



# PowerSchool

➤ Used to track your student's grades, assignments, attendance, your contact information, and more.

## PowerSchool

### Parent Sign In

Select Language  
English

Username

Password

[Having trouble signing in?](#)

### Create an Account

Create a parent account that allows you to view all of your students with one account. You can also manage your account preferences.  
[Learn more.](#)

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PowerSchool

Welcome, Paul Smith | Help | Sign Out

Adrianeh Arineh Caroline Jonah Marneeh Vehanoosh

Navigation: Grades and Attendance, Grade History, Attendance History, Email Notification, Teacher Comments, School Bulletin, Class Registration, Balance, My Calendars, Account Preferences

Grades and Attendance | Standards Grades | Analytics

### Grades and Attendance: Avanesian, Adrineh

Exp	Last Week					This Week					Course	Q1	Q2	S1	Absences	Tardies
	M	T	W	H	F	M	T	W	H	F						
1(A-B)						P	P	T	T	T	Biology † Smith, Paul R	H	B	B	4	2
2(A)	-	-	-	-	-	P	-	-	-	-	English 1 † Jorgenson, James J	S-	B+	S	2	0
3(A)	-	-	-	-	-	P	-	-	-	T	World History † Smith, Gerald R	A	A	A	2	1
4(A)	-	-	-	-	-	P	-	-	-	-	Open Study † Accalino, Steve	P	P	P	2	0
2(B)	-	-	-	-	-	P	-	-	-	-	First Aid † Perrell, Anthony	A	A	A	2	0
3(B)	-	-	-	-	-	P	-	-	-	T	Math † Bernot, Gordie E	A	A	A	2	1
4(B)	T	-	-	-	-	P	-	-	-	-	Phys Ed 10 † Rulter, Stephen D	A	A	A	2	1
<b>Attendance Totals</b>															16	5

# School Activities

- Athletics
- Academic Clubs
- Music
- Recreational Clubs
- School Dances
- Student Led Fundraisers
- Theatre

**Encourage  
your child  
to...**

**GET  
INVOLVED!!**

# You can encourage your child to...

- **Get involved** in different activities.
- **Set and achieve** their goals.
- **Challenge** them to take harder classes.
- **Study** hard.
- **Balance** school with life.
- **Create** a routine.
- **Plan** for the future.

*Every year matters.*

**We are a TEAM!**

**Start strong in 9th grade!**