

# TOGETHER WE CARE

A Support Group For Children Who Have A Loved One With Cancer



## 2014 Together We Care is offered in the Hall-Perrine Cancer Center Community Room

Each offering has three Tuesday evening sessions: 5:30-7 p.m.

- Spring 2014: April 1, April 8, April 15 (register by March 25<sup>th</sup>)
- Summer 2014: June 3, June 10, June 17 (register by May 27<sup>th</sup>)
- Fall 2014: September 16, September 23, September 30 (register by September 9th)

**Together We Care** is a support group for children ages 6-12 who have a loved one experiencing cancer. This 3-week session is **facilitated by a Licensed Social Worker and a Child Life Therapist**, offering a structured and supportive environment. Children will learn coping skills and self-care strategies, as well as connect with other children that are experiencing a similar life altering event. Sessions 1 & 2 are designed “just for kids”. Session 3 is designed for “kids and their family members”.

**SESSION 1** –Living with Illness in my Family and Seeing Change All Around

**SESSION 2** –Understanding My Feelings & Taking Care of Me

**SESSION 3** – Strength Alone, Strength Together (*kids and families together*)

**Sessions will follow this schedule:**

5:30 - 6:00 - Meal, Activity and Social Time

6:00 - 6:30 - Education/Coping Skills

6:30 - 6:50 - Yoga/Exercise and Music Skills

6:50 - 7:00 - Wrap-up Activity

For more information or to register call: (319) 369-4482



**HALL-PERRINE  
CANCER CENTER**

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[www.hallperrinecancercenter.org](http://www.hallperrinecancercenter.org)