

Call United Way 

2-1-1™

Get Connected. Get Answers.

HELP STARTS HERE 

Get Connected

Available 24/7

No cost

Completely confidential

Multilingual assistance

Available by phone or online

Get Answers

Basic human needs

Physical and mental health

Employment support

Assistance for older adults and
people with disabilities

Support for children and families

Emergency/crisis assistance

2-1-1 is a service
provided by
United Way

**United
Way**



™

Call United Way 
2-1-1™
Get Connected. Get Answers.

FREE | CONFIDENTIAL | ANYTIME | ANYONE



Dial 2-1-1

A trained professional will listen to the situation, access a database of over 840 agencies and resources, and find the best solution possible to fill the need.



FirstCallForHelpIowa.org

This website has improved search and navigation to aid persons in need of assistance. It provides access to the same extensive database as the 2-1-1 center.

